



Vail Valley Medical Center is instituting visitor restrictions due to the increased level of respiratory viruses being seen in our community.

Respiratory viruses can be a real problem for people who are sick or recovering from surgery.

These visitor restrictions will be in effect until the end of respiratory virus season, which is generally in the spring.

To help protect our patients, all visitors at Vail Valley Medical Center must be at least 12 years old and in good health.

We will continue to monitor conditions and discontinue restrictions when overall numbers have decreased.

Vail Valley Medical Center Protective Measures

Screening will occur at nursing stations on all units.

- + Only two visitors will be permitted at the bedside in all clinical areas.
- + No visitors under the age of 12 years will be permitted onto inpatient units
- + Women & Children's will permit visitation by the siblings of newborns. Siblings will be screened and permitted entry at the discretion of the charge nurse.
- + Visitors will be given a green visitor's sticker to indicate they have been screened and are permitted on the unit.
- + Persons who are ill with a fever, sore throat, cold, cough, runny nose, vomiting, diarrhea, eye infections a rash, or exposed to chicken pox, measles, mumps or tuberculosis will not be permitted to visit.
- + Visitors will be required to practice hand hygiene upon entry to the hospital and again when entering and exiting a patient's room.
- + Visitors will be required to practice respiratory etiquette during their stay in the facility.
- + These restrictions will not apply in end-of-life situations.

Anyone can pass on a respiratory virus – Keep our patients safe by:

- **Wash your hands frequently during your stay**
- **Cover your cough with an arm or tissue**