



SPD IS MAKING SMOOTHIES

...page 4



EMPLOYEE SELF SERVICE

...page 5



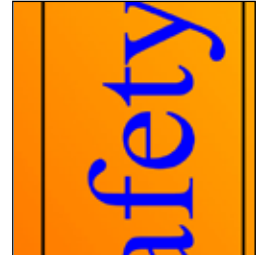
RABIES

...page 6



HOWARD HEAD ON-SITE

...page 7



MEET YOUR SAFETY GOAL

...page 8

Meet the VVMC Goal of 100% NetLearning Compliance!



The 3rd Quarter Due Date for NetLearning completion is quickly approaching.

Please complete your 3rd Quarter NetLearning CBLs on or before JULY 31, 2010.

If you have questions or need to have a test reset, please contact the Staff Development Department (569-7530) ASAP.



FROM the LIBRARY CORNER, *new selections*



Kim Mitchell

Hablando con Mis Amigos de la casa de Arboles sobre Cancer

Peter Van Dernoot

Talking with my Treehouse Friends about Cancer

Peter Van Dernoot

Teach Yourself

Paul Jenner

You, Being Beautiful (Audio)

Michael F. Roizen

One Bite at a Time

Rebecca Katz

The VVMC Education Resource Library is a community resource providing medical information for patients, caregivers and care providers. If you would like to check out library materials or have any questions please call Kim Mitchell at 970-569-7607, or email mitchell@vvmc.com. You can also visit us at the Shaw Pavilion in Edwards.

The Staff Development Department is pleased to announce the following CPR Hands-on Skills Check-off and Mock Code Sessions

CLASS: Hands-On CPR Skills Check-off
 DATE: Friday, August 6, 2010
 TIME: Drop In Sessions from Noon to 2pm
 LOCATION: Edwards Pavilion Garden-Level Conference Room

CLASS: Mock Code Session
 DATE: Friday, August 6, 2010
 TIME: Drop In Sessions from 2pm to 3pm
 LOCATION: Edwards Pavilion Garden-Level Conference Room

CLASS: Hands-On CPR Skills Check-off
 DATE: Monday, September 20, 2010
 TIME: Drop In Sessions from 9am to 11am
 LOCATION: Vail Café

CLASS: Hands-On CPR Skills Check-off
 DATE: Monday, October 11, 2010
 TIME: Drop In Sessions from 9am to 11am
 LOCATION: Edwards Pavilion Garden-Level Conference Room

CLASS: Mock Code Session
 DATE: Monday, October 11, 2010
 TIME: Drop In Sessions from 11am to Noon
 LOCATION: Edwards Pavilion Garden-Level Conference Room

CLASS: Hands-On CPR Skills Check-off
 DATE: Tuesday, October 26, 2010
 TIME: Drop In Sessions from 9am to 11am
 LOCATION: Vail Café

Please bring your original Certificate of Completion for the Online portion of CPR renewal to the Hands-On CPR Skills Check-off session. If you have questions, please contact the Staff Development Department at 970-569-7530.



VVMC #1, Again!

2010 marks the fifth year in a row that VVMC has participated in the American Days Vail parade and received the Most Distinctive Award which can be viewed in the awards case located in the Vail Main lobby next to the information Desk.

Thank you very much to those who walked in the parade. A special thanks to Don Springer for being Blizzard for a day! We had a great time in the parade and seeing the community applaud us as an organization.





Join Sterile Processing Department for a One Year Appreciation

July 28th marks one year that the Sterile Processing Department (SPD) in Edwards started offering their services. SPD invites you to celebrate this occasion for fruit smoothies!

Come by the Shaw Cafeteria on the morning of Wednesday, July 28th between the hours of 7:30am – 9:15am.

Stop by and have a smoothie and learn more about what we do in SPD.



Support VVMC's FIT for SURVIVAL

On July 25, Dean Drizin will be participating in the Ford Ironman USA triathlon (2.4 mile swim, 112 mile bike, 26.2 mile run) in Lake Placid, New York.

As part of his Ironman experience and in memory of his grandfather (who passed away from leukemia), Dean is raising awareness and funds for the Fit for Survival Cancer Program at the Vail Valley Medical Center's Shaw Regional Cancer Center.

Please support his Ironman efforts by making a donation to the Fit for Survival Program. Thank you for your support!



Vail Valley Medical Center Kronos Employee Self Service will allow you to access your Employee Home Page and make changes to:

Addresses

Phone Numbers

Emergency Contacts

Making changes within Kronos Timekeeper will automatically update the HR/Payroll system. This will allow you to maintain your own personal demographic information.

A power point with complete instructions is located on the Employee Portal.

Questions, Comments or Problems:

Feel free to Call Trish in the Payroll Office at 970-777-2814 or newbanks@vvmc.com.

If you do not have a Kronos log on and password, please email newbanks@vvmc.com to receive a log on via email.

Coming Soon:

In the future, VVMC will be releasing additional electronic functionality that will allow to access on-line:

Direct Deposit Changes

W4 changes

Time off Requests

Current and Historical Pay Stubs





RABIES

What is rabies and how do people get it?

Rabies is an infectious viral disease that affects the nervous system of humans and other mammals. People get rabies from the bite of an animal with rabies (a rabid animal). Any wild mammal, like a raccoon, skunk, fox, coyote, or bat, can have rabies and transmit it to people. It is also possible, but quite rare, that people may get rabies if infectious material from a rabid animal, such as saliva, gets directly into their eyes, nose, mouth, or a wound.

Because rabies is a fatal disease, the goal of public health is, first, to prevent human exposure to rabies by education and, second, to prevent the disease by anti-rabies treatment if exposure occurs. Tens of thousands of people are successfully treated each year after being bitten by an animal that may have rabies. A few people die of rabies each year in the United States, usually because they do not recognize the risk of rabies from the bite of a wild animal and do not seek medical advice.



How can rabies be prevented?

- Teach children never to handle unfamiliar animals, wild or domestic, even if they appear friendly. "Love your own, leave other animals alone" is a good principle for children to learn.
- Wash any wound from an animal thoroughly with soap and water and seek medical attention immediately.
- Prevent bats from entering living quarters or occupied spaces in homes, churches, schools, and other similar areas where they might contact people and pets.
- **Remember:** In situations in which a bat is physically present and you cannot reasonably rule out having been bitten, safely capture the bat for rabies testing and seek medical attention immediately.
- Be a responsible pet owner by keeping vaccinations current for all dogs, cats, and ferrets, keeping your cats and ferrets inside and your dogs under direct supervision, calling animal control to remove stray animals from your neighborhood, and consider having your pets spayed or neutered.



HHSM On-site at WECMRD Eagle County Lacrosse Jam

Howard Head Sports Medicine volunteered their services at the WECMRD Eagle County Lacrosse Jam on May 8-9, working with over 50 youth teams to meet their sports medicine needs. Howard Head Sports Medicine supplied first aid needs for participants and spectators out of their mobile sports medicine unit, which was staffed by athletic trainers and physical therapists.



"Howard Head Sports Medicine enjoys the opportunity to support local community programs", says Brandie Yeik, Athletic Trainer for Howard Head. "I had so many parents and participants thank us for being involved in the tournament, I think it gives them a strong sense of safety knowing that there are health professionals at the tournament in case an injury happens."

According to WECMRD Tournament Director, Brad Johnson, the event was a roaring success, and one of the largest turnouts in the events history.

Clark Mercer a coach for the Eagle Bandits second and third graders says, "It's nice to have the trailer, and know that you can just walk over and get checked out."

HHSM Participates in Rotaract Red Ball Beach Bash



On Saturday, May 8, 2010 Howard Head Sports Medicine participated in the Summit County Rotaract Red Ball Beach Bash. It was the annual fundraiser for Rotaract, an event in which you get to see 50+ exercise balls coming flying down the High Noon Ski Run at Arapahoe Basin Ski Resort. This year's event raised over \$4,000 to benefit the Summit County Rotaract's mission to support local non-profit organizations. The funds from this year's event are going to The Keystone Science School Campership Fund to help send some kids to their exciting science camps.

"Howard Head Sports Medicine enjoys the opportunity to support local community programs", says Jen Gotantas, Regional Director for Howard Head. "We feel that it is our responsibility, as a leader in physical therapy in Summit and Eagle Counties, to serve as a resource for the community's needs and requests."

According to Summit County Rotaract President, Kristin Lee, the event was a wonderful success. "We had a great group of volunteers for the event, a fun and exciting environment at the Basin and we were able to raise a record amount in the six-year history of the event."



2010 Safety Events

Extraordinary people. Extraordinary care.

Vail Valley Medical Center

www.vvmc.com



LOOKING FOR OPPORTUNITIES TO MEET YOUR GOAL ? “ATTEND ONE SAFETY EVENT DURING 2010”

EMERGENCY PREPAREDNESS WORKSHOPS

(sign up for all workshops through Net Learning)

ICS (INCIDENT COMMAND SYSTEM) WORKSHOPS - The 10,000 foot view of the Incident Command System, how it integrates into hospital incident command activities and the how & why we use it for emergency response activities (Good class for Supervisory level personnel but all may participate)

- Tuesday, July 20th 12:00pm-1:30pm Vail Valley Medical Center (Level-0)
- Friday, August 6th 2:00pm-3:30pm Vail Valley Medical Center (Level-0)
- Thursday, September 23rd 9:30am-11:00am Vail Valley Medical Center (Level-0)
- Thursday, October 28th 9:30am-11:00am Vail Valley Medical Center (Level-0)

EMOP (EMERGENCY MANAGEMENT AND OPERATIONS PLAN) WORKSHOPS - Did you know that there is a committee that conducts emergency planning for VVMC? Do you know where the plan is located? Do you know how to use it? Do you know what your role is during an emergency? (Good class for all levels of personnel)

- Thursday, July 22nd 9:30am-11:00am Vail Valley Medical Center (Level-0)
- Tuesday, August 3rd 11:00am-12:30pm Vail Valley Medical Center (Level-0)
- Thursday, August 26th 9:30am-11:00am Vail Valley Medical Center (Level-0)
- Thursday, September 23rd 11:30am-1:00pm Vail Valley Medical Center (Level-0)
- Monday, October 18th 1:00pm-2:30pm Vail Valley Medical Center (Level-0)

DISASTER DRILLS

(schedule participation with your manager—good exercises for all employees of the respective facility)

BOMB THREAT (EMERGENCY RESPONSE) DRILLS

- Friday, August 20th 8:00am-9:00am Gypsum Clock Tower
- Friday, August 27th 8:00am-9:00am Edwards and Shaw Facilities
- TBD August TBD Avon Urgent Care

FULL SCALE MASS CASUALTY (HAZMAT RESPONSE) EXERCISE

- Wednesday, October 20th 10:00am-3:00pm Vail Valley Medical Center (Level-0/Decon Tent)

BASIC AWARENESS HAZMAT CLASSES

(Only counts for personnel NOT REQUIRED to attend - Sign up through Net Learning)

- Tuesday, July 27th 9:00am-11:00am Vail Valley Medical Center (Level-0)
- Thursday, August 12th 9:00am-11:00am Vail Valley Medical Center (Level-0)
- Monday, September 27th 9:00am-11:00am Vail Valley Medical Center (Level-0)

(The Enhanced Awareness for 4 hours and the 8 hour Decontamination Operations classes also count)

OTHER EVENTS

- **4TH ANNUAL EMPLOYEE SAFETY FAIR** - Friday, September 10th, 10:00am-2:00pm Main Campus
- **VOLUNTEER FOR THINK FIRST EVENTS** (Contact Kim Greene directly at 479-5166 for dates and times)
- **OTHER COMMUNITY ACTIVITIES MAY APPLY** Please contact Stephanie Palmer @ 479-7260 to determine if your upcoming event counts toward your goal.